
Chiropractic - Safe for Children



*Chiropractic?
Is that really safe for children?*

Is there any chance an adjustment will hurt my baby? This is a question most commonly asked by parents, and quite rightly so.

For parents who have had little experience in visiting a chiropractor one of their primary concerns is to understand how safe it is for their children. The good news is that not only is chiropractic extremely safe for babies is it also very effective.

Research

In one study of chiropractic practices in the Boston area of the United States, it was estimated that in 1998, approximately 420,000 children were treated by chiropractors.

If this utilization rate were extrapolated for the remainder of the United States and Canada, the number of chiropractic visits made by children in one year would be in the millions.

With this number of children being treated, if chiropractic was unsafe or dangerous, it is likely there would be a constant flow of reports of injury to children. In fact, exactly the opposite is true. In the scientific literature, there exists little evidence of harm coming to children from chiropractic.

Risks

In an attempt to quantify the risk of a child being injured in any way while receiving a chiropractic adjustment, a further study was performed in the United States and Canada which led the researchers to conclude that there is in fact so little evidence of harm coming to children from chiropractic that the actual risk factor could only be estimated. They concluded that at worst, the possibility a chiropractic adjustment would injure a child was 1 in 250 million, and may well be as low as 1 in 750 million.

These results indicate chiropractic is extremely safe for children.

Paediatric Practices

In chiropractic today, courses of study in how to treat children are available to chiropractors worldwide. The safety of procedures is strongly emphasized and specially designed methods of adjustment are taught that are extremely safe and effective.

Chiropractic care for children is a safe and effective form of drug free treatment.